In this brown brochure you will find all information regarding accommodation, social evening events and tours.

For the scientific programme of the Forum and Executive Committee meeting and the registration information please consult the blue brochure “Preliminary programme” or visit our website at www.aippi.net.
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## Preliminary Forum & ExCo Synopsis

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**Legend:**
- *Forum Sessions* for Forum participants
- *ExCo Sessions* for ExCo participants
- *Forum evening events* for Forum participants
- *ExCo evening events* for ExCo participants
- *Preparatory meetings* for ExCo participants
- *Designated events* by invitation only
- *Bureau internal meetings* for Forum and ExCo participants
General information

- **Dates and Locations**
  The event will start on **Thursday 5 September 2013** and end on **Tuesday evening 10 September 2013**.

**AIPPI 2013**
**Finlandia Hall**
**Mannerheimintie 13**
**00100 Helsinki, Finland**
**Phone: +358 9 40241**

Finlandia Hall in Helsinki is the leading congress, event and entertainment venue in Finland. Centrally located, in park-like surroundings, it is a masterpiece by the great Finnish architect Alvar Aalto and worth a visit in its own right.

- **Transportation from the Airport**
  You will be welcomed by event staff at the airport who will facilitate your transportation to your hotel. Metered taxis are easily available at the airport, and the service is reliable. A taxi drive costs approximately EUR 40 and takes about 30 minutes.

  Finnair City Buses depart from the airport and Helsinki city centre every 20 minutes (bus stop also at Crowne Plaza Helsinki Hotel and Scandic Continental Hotel). One way ticket price is EUR 6.20.


If you are taking valuable goods with you to Finland, you should obtain an export certificate for them from customs when you start your journey. If you are taking goods back you should find out beforehand the value of duty free goods accepted in your country.

If you are arriving to Finland from a European Union country, choose the blue EU line. If you are arriving from a non-EU country and have no goods to declare, choose the green line. If you have goods to declare, follow the red line.

- **Welcome to Helsinki**
  Helsinki, the capital of Finland, is a vibrant metropolitan city with over half a million residents and is located at the heart of the Baltic Sea area. The lifestyle in the second-most northern capital city in the world is full of contrasts and activities. Helsinki’s identity has been formed by cultural influences from both the East and West – its cultural diversity is hard to match. Helsinki has sometimes been described as “the smallest big city in the world”.

  In 2010, Newsweek magazine ranked Finland as the world’s best country to live in. The analysis examined factors such as education and health care; quality of life; economic dynamism; and political environment. Helsinki is also one of the world’s cleanest and safest capitals. Finland is called “the land of thousand lakes” and its clean unspoiled nature can be found very close to Helsinki.

  Did you know that Finland has 3,3 million saunas and 180,000 islands?

  Getting around in Helsinki is easy and safe using the public transportation system. Most of the sights, hotels and venues are within walking distance. Also, Finnish design has made Finland’s capital city world famous. Helsinki was nominated the World Design Capital 2012, which is an official recognition for decades of work. The World Design Capital is an initiative of the International Council of Societies of Industrial Design (ICSID).

  Helsinki can easily be reached from anywhere in the world; around 40 airlines fly there. It offers accommodation in different hotel categories, ranging from international hotel chains to designer & boutique hotels.

- **Weather**
  The weather in early September is generally mild and still sunny although occasional rain showers may occur. The average temperature in September in Helsinki is usually between 10 and 18 degrees Celsius.

- **Government**
  Sovereign parliamentary republic since 1917. From 1809-1917, autonomous Grand Duchy within Russian Empire; before that part of the Kingdom of Sweden for centuries. The President is elected every six years. The present president, Mr. Sauli Niinistö, took office in March 2012.
• Religion
78% are Lutheran, 1% Orthodox

• Language
The official languages in Finland are Finnish and Swedish. Most Finns speak excellent English and even in more remote areas you are likely to find a person able to help you in English. You should not have any difficulties when it comes to language.

• Local time
EET (GMT + 2h)

• Telephone
The country code for Finland is +358. Helsinki city area code is (0)9.

• Useful telephone numbers
Emergency: 112
Private Doctor consultation (in English); +358 10 633 8585 (www.doctagon.fi)

• Electricity
230V (type of plug socket: two round holes)

• Currency
The currency in Finland is the EURO (€), and bank notes come in denominations of 5, 10, 20, 50, 100, 200 and 500.

• Payments
All payments must be made in the local currency. Please use ATMs, authorized money changers and banks to obtain the local currency. The most commonly accepted credit cards are Visa, Mastercard, Eurocard, Diners Club and American Express card.

• Banking & Business hours
Banks are generally open from 09.00 to 16.00 (Monday-Friday); closed on Saturday and Sunday but offering ATM service around the clock.

Shopping centres and bigger shops are generally open weekdays from 09.00 to 21.00, Saturdays from 09.00 to 18.00, Sundays from 12.00 to 18.00.

• Transportation in Helsinki
Taxis are easy to hail in the city centre except during the busiest periods. Taxi stands are conveniently located throughout the centre. (Taxi Helsinki tel: +358 100 0700).

Getting around in Helsinki is easy and safe using public transportation, which includes trams, buses and metro. With a single ticket you can hop aboard trams, buses, the metro and even the ferry to the fortress island of Suomenlinna. Single tickets can be purchased from the driver or from ticket machines. Pass tickets are available for unlimited use on public transportation for 1-7 days. They can be purchased from ticket machines, from the Tourist Information or from the Helsinki City Transport service point in the Central Railway Station.

• Tips
Tipping is neither necessary nor expected in Finland. However, if the service has been exceptional, it is nice to leave a tip as a thank you.

• Personal Property
Please take good care of your personal property. AIPPI, the organisers and the onsite staff are not responsible for any loss or damage to personal property.

• Insurance
The event organisers cannot accept liability for personal injuries sustained, for loss of, or damage to, property belonging to congress participants (or their accompanying persons), either during or as a result of the event. Please check the validity of your own travel insurance.

• Liability
AIPPI and the local professional conference organiser (Confedent International Ltd) act as agents only in securing hotels, transport and travel services and shall not in any event, be liable for acts or omissions in the event of injury, damage, loss, accident, delay or irregularity of any kind whatsoever during events organised through contractors, or the employees of such contractors, in carrying out services. Hotel, tour and transportation services are subject to the terms and conditions under which they are offered to the public in general. AIPPI and the local professional conference organiser reserve the right to make changes where deemed necessary without prior notice to parties concerned. All disputes are subject to Finnish Law.
Accommodation Information

AIPPI Forum & ExCo 2013 Organizing Committee together with the local professional conference organiser, Confedent International Ltd, has reserved a number of hotel rooms in various hotels of different price categories. All hotels are near the venue, either within walking distance or easily accessible by the public transportation (tram). Please make your reservation on-line under www.aippi.net.

Reservations will be made on a first come, first served basis. All participants are encouraged to book their rooms early to ensure availability. For very late bookings, availability cannot be guaranteed. The room rates mentioned are valid for AIPPI participants for the blocked dates from 5 – 11 September 2013, and for bookings made through Confedent International Ltd.

Participants are free to make their own hotel reservations but availability and rates are at own risk. Transportation is organized only for those booking accommodation using the AIPPI on-line reservation form.

Booking for the dates outside the blocked dates will be charged at the prevailing rates for those dates. If any additional nights are required, kindly send a request to aippi2013@confedent.fi.

International participants are advised to arrange their own travel insurance before departure from the country of origin. The Organizers or Confedent International Ltd do not take responsibility for any individual, medical, travel or personal insurance. International participants will ensure that their passports, travel documents and visas are valid for travel.

• Reservation and Payments

All reservations should be made using the on-line reservation form available at www.aippi.net. To guarantee your hotel reservation, a deposit of one night is required. Reservations without a paid deposit cannot be accepted. The deposit will be deducted from the final hotel bill. The hotel bill is to be settled at the hotel. The room rates include VAT and breakfast. All incidental expenses such as mini bar, laundry etc. must be paid directly to the hotel when checking out.

Payment options for the deposit are credit card (Visa, MasterCard or Eurocard) or payment against an invoice (an invoicing fee of 14 Euros will be added). Please note that personal or company cheques cannot be accepted. Credit card payment is made on a secured payment page. The payment term for the invoice is 14 days. Once the deposit payment has been settled, the booking will be confirmed within two weeks.

• Inquiries

Any inquiries or requests for additional information, changes or cancellations of room reservations are to be addressed directly to:

Confedent International Ltd
Aleksanterinkatu 44 A
00100 Helsinki
Finland
E-mail: aippi2013@confedent.fi
Tel: +358 9 58409 350

• Changes in Hotel Booking

All changes to the reservations should be made by e-mail to aippi2013@confedent.fi. Please do not contact the hotel directly.

• Cancellation of Accommodation

All cancellations should be made by e-mail to aippi2013@confedent.fi.

Refunds:
Cancellations received on or prior to 26 July 2013 - Full refund after deduction of an administration fee of EURO 50.
Cancellations received after 26 July 2013 or no-shows - No refunds will be given, and if not already paid, 100 % of the deposit payment is due.

The event organization does not take any responsibility for cancellations of the event due to force majeure (natural disaster, outbreak of severe contagious epidemic, major strikes, etc.).

• Check-in / Check-out

The official check-in time at the hotels is 3pm and check-out time is noon. For earlier check-ins, the room will need to be reserved from the previous night, and for late departures, the room will need to be reserved until the subsequent night.
Confedent International - the official housing and travel provider has secured special rates for your stay during the AIPPI Forum & Exco 2013 in Helsinki.

- All prices are in Euros (€).
- All hotel rates include VAT and breakfast.

**Crowne Plaza Helsinki ****+**
http://www.crowneplaza-helsinki.fi/
Mannerheimintie 50, 00260 Helsinki

The main hotel of AIPPI 2013, within short walking distance from the Congress venue, through the beautiful park of Töölö Bay.

The Crowne Plaza Helsinki offers every guest newly renovated rooms that provide brilliantly executed interior design that is both comfortable and practical with a touch of Finnish as well as Oriental feeling. For those who are looking for an extra touch of luxury and service, we offer Executive Club rooms and a Club Floor with Club rooms and Suites, which can make even the most experienced travellers feel at home. The chain’s service range is further augmented by the special 100% quality guarantee.

Distance from the venue: 700 m

- Standard Single: EUR 148/night
- Standard Double: EUR 168/night
- Single Club Room: EUR 178/night
- Double Club Room: EUR 198/night
- Single Junior Suite: EUR 198/night
- Double Junior Suite: EUR 218/night

**Scandic Continental ******
http://www.scandichotels.com/
Mannerheimintie 46, 00260 Helsinki

Located next to the main hotel, within short walking distance from the Congress venue.

Scandic Continental hotel in central Helsinki has an ideal city location just opposite the beautiful Töölö Bay, and only a 10 minute walk from Helsinki’s city centre and popular attractions.

Please note: the hotel will undergo minor renovations (mainly parking areas and meeting rooms) during your stay. The hotel shall do its utmost to minimize any inconvenience this might cause.

Distance from the venue: 600 m

- Superior Single: EUR 185/night
- Superior Double: EUR 205/night
- Superior Plus Single: EUR 205/night
- Superior Plus Double: EUR 225/night

**Sokos Hotel Presidentti *****
Eteläinen Rautatiekatu 4, 00100 Helsinki

Sokos Hotel Presidentti is located next to the Kamppi mall, in the heart of Helsinki, next to a wealth of culture attractions and the best shopping in town. The Spanish-style restaurant Sevilla and Pub Adjutantti invite to enjoy. Meeting, accommodation, pleasures for the palate and great fun – all under the same roof.

Distance from the venue: 750 m

- Standard Single: EUR 131/night
- Standard Double: EUR 141/night
**Hotel Kämp *****
http://www.hotellkamp.com/
Pohjoisesplanadi 29, 00100 Helsinki

At Hotel Kämp you can feel the luxury of timeless elegance and European glamour. In the spacious hotel rooms of the most luxurious hotel in Helsinki you enjoy your stay whether you’re on a business trip or vacation. Over the years, Hotel Kämp has accommodated royals and heads of state, as well as world-class international artists. Kämp milieu tells numerous stories of love, unforgettable moments and happenings in Finland’s history.

Distance from the venue: 1.2 km (tram number 4 and 7)

Single Deluxe King: EUR 284/night
Double Deluxe King: EUR 313/night

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**GLO Hotel Kluuvi ****
http://hotelglo.fi
Kluuvikatu 4, 00100 Helsinki

GLO Hotel Helsinki Kluuvi is a modern lifestyle hotel in Helsinki centre. The most important idea behind this lifestyle hotel is to meet the needs of each individual guest by customizing the stay at the hotel. GLO Hotel Helsinki Kluuvi offers its guests a variety of recreational opportunities including sports, spa, sauna, culture and dining in the hotel itself and outside its walls. The vast collection of services is something never before seen in a lifestyle hotel in Helsinki.

Distance from the venue: 1.2 km (tram number 4 and 7)

Single GLO Room: EUR 190/night
Double GLO Room: EUR 190/night
Social Evening Events

Opening Forum (Forum only)

Come to meet your colleagues and friends in the famous Finlandia Hall Plaza with views over the Töölö Bay of Helsinki. Finlandia Hall is a masterpiece by the great Finnish architect Alvar Aalto. Enjoy the evening with Finnish culinary specialties, live music and performances.

- Date: Thursday 5 September 2013
- Venue: Plaza, Finlandia Hall
- Time: 19:00-22:30
- Dress code: Business casual

Bus transportation from/to the official event hotels is provided and the schedule will be published separately.

Joint Reception (Closing Forum / Opening ExCo)

Built in 1911 in the very heart of Helsinki, the Helsinki Stock Exchange building has a colourful history. Over the decades the majestic stone building has witnessed key moments in Finland’s history and the development of the nation’s business and restaurant culture. Leading Finnish architect Lars Sonck was invited to design the building, which is now regarded as one of his finest works and one of the most impressive examples of Finland’s 20th century Art Nouveau architecture.

In the 21st century, Restaurant Pörsssi is known as a high-quality restaurant providing an impressive venue for the AIPPI Joint Reception.

Join us for a fun night with local performers who will entertain you long after midnight. Excellent occasion for networking.

- Date: Saturday 7 September 2013
- Venue: Restaurant Pörsssi
- Address: Fabianinkatu 14, 00100 Helsinki
- Time: 19:30-22:30
- After Party: 22:30-01:00
- Dress code: Business casual

Guided short walk or bus transportation from/to the official event hotels is provided and the schedule will be published separately.

Council of Presidents’ Dinner (by invitation only)

Built in 1915, the Restaurant Kulosaaren Casino is a traditional, elegant restaurant with a unique atmosphere and the most beautiful sea view in Helsinki. You will be taken there on a private boat cruising across the spectacularly beautiful Helsinki archipelago, the fortress island of Suomenlinna and along the coastline of Helsinki.

- Date: Friday 6 September 2013
- Venue: Restaurant Kulosaaren Casino
- Time: 19:00-23:00
- Dress code: Business casual

Bus transportation from/to the official event hotels is provided and the schedule will be published separately.
**Cultural Evening “Classic” (ExCo only)**

In the town plan of the early 19th century, a place had been reserved for a palace of the nobility. Its assembly hall of 464 square metres provides a magnificent setting for the AIPPI Cultural Evening classical concert and light buffet dinner.

The classical concert will be performed by the famous Finnish pianist, Laura Mikkola, who has won many major international piano competitions, performed with philharmonic orchestras and produced 12 records.

- **Date:** Sunday 8 September 2013
- **Venue:** The House of Nobility
- **Address:** Ritarikatu 1, 00170 Helsinki
- **Time:** 19:00-22:30
- **Dress code:** Business casual

Guided short walk or bus transportation from the official event hotels is provided and the schedule will be published separately.

Continue the evening by joining Cultural Evening “Rock” party. Bus transportation after the concert will be provided to the party and to the official event hotels.

**Cultural Evening “Rock” (ExCo only)**

Restaurant Kaarle XII with the nickname “Kalle” is one of the most well-known rock music bars in Helsinki. This is THE event for those enjoying rock-type of culture. Experience Finnish music and dances from rock to more traditional styles. Learn to know the heart and soul of your hosts in this fun-packed evening.

- **Date:** Sunday 8 September 2013
- **Venue:** Restaurant Kaarle XII
- **Address:** Kasarmikatu 40, 00130 Helsinki
- **Time:** 19:00-22:00
- **After party:** 22:00-01:00
- **Dress code:** Casual

Guided short walk or bus transportation from/to the official event hotels is provided and the schedule will be published separately.

**Closing Dinner (ExCo only)**

Wanha Satama is located at the harbour area of Helsinki in the neighbourhood of Katajanokka. Typical of the former shipyard buildings, the red brick walls and arched windows of Restaurant Wanha Sata- ma create an atmosphere of days gone by.

AIPPI ExCo 2013 will have its finale in this “warm, almost cosy” atmosphere while enjoying the delicious dinner, sharing memories of the days spent together in Helsinki and dancing the night out.

- **Date:** Tuesday 10 September 2013
- **Venue:** Restaurant Wanha Satama
- **Address:** Pikku Satamakatu 3, 00160 Helsinki
- **Time:** 19:30-01:00
- **After party:** 22:00-01:00
- **Fee:** EUR 155
- **Dress code:** Black tie/cocktail dress

Bus transportation from/to the official event hotels is provided and the schedule will be published separately.

**After Parties**

Helsinki Forum & ExCo introduces the After Parties concept to the world of AIPPI. The idea of the After Party is to allow the party to go on till late at night, but without increasing the participation fee for those who prefer earlier nights. Hence during the After Party the restaurants will sell drinks to participants, meaning that should you wish to stay late, don’t forget your wallet.
Pre- and Post-Conference Tours

- Dates and times given for the excursions are subject to change.
- Minimum group size for all tours: 15 persons.
- All prices are in Euros (€) and include VAT.
- Should the minimum group size not be exceeded the organisers reserve the right to cancel the tour or add an extra cost. Should this happen the participant has the right to cancel the tour reservation.
- As train, flight and ferry tickets need to be booked well in advance, the tours can be guaranteed only until 5 July 2013. After that tours are subject to availability.
- If you plan to visit Tallinn, Estonia a valid travel document (passport or an official EU identity card) is necessary. Please check also the visa regulations of your country.
- For St. Petersburg, Russia both a passport and a visa are required from each participant. The visa should be applied from your local consulate or embassy of Russia well in advance. After booking the tour you will receive an invitation letter to be attached to your visa application. All visa application costs are to be covered by the participant and they are not included in the tour fees. Please note that if you fail to obtain a valid visa, there will be no refund of the tour fee.
- Cancellation terms for pre- and post-tours:
  All cancellations must be made in writing to registration@aippi.org
  Cancellation received prior to 5 July 2013 - full refund (deduction of EURO 75 for the administration fee).
  Cancellation received after 5 July 2013 - no refunds will be given (100 % payment to be made if fees not already paid at time of cancellation).
  There will be no refund for no-shows.

Pre-tour to St. Petersburg by train, 3 days (2 nights)
- Depart: Tuesday 3 September 2013
  (train from Helsinki approximately at 9.00)
- Return: Thursday 5 September 2013
  (train back in Helsinki approximately at 17.30)
- Price per person:
  EURO 812 when sharing a twin/double room
  EURO 954 in a single room

Visit St. Petersburg – a city of palaces, churches and beautiful parks and innumerable bridges over the river. One of the world’s most beautiful cities, St. Petersburg, has all the ingredients for an unforgettable travel experience: high art, lavish architecture, wild nightlife, an extraordinary history and rich cultural traditions that have inspired and nurtured some of the modern world’s greatest literature, music, and visual art. From the mysterious twilight of the White Nights to world-beating opera and ballet productions, St. Petersburg charms and entices in every season.

Please check the visa regulations of your country.

Day 1: Train to St Petersburg, city sightseeing and a visit to St. Isaacs’s Cathedral

Meet your guide at the Helsinki central railway station and board the train to St Petersburg. Meet your Russian local guide at the St Petersburg railway station and first stop for a lunch. Start the St Petersburg city tour of driving along Nevsky Prospekt, stop at Square of Arts and view Mikhailovsky Palace. Continue to Church of Saviour on Spilled Blood, stop at Spit of St. Basil’s Island and view the panorama of Neva River.

View Peter and Paul Fortress, visit the St. Isaac’s Square, St Isaac’s Cathedral and view the Monument of Nicholas I. Continue to Decembrists Square and view the Bronze Horseman (Statue of Peter the Great).

Day 1 includes:
- train Helsinki – St Petersburg, 2nd class
- city tour by bus, entrance to St Isaacs’s Cathedral, and guide services
- 3-course lunch at St Petersburg
- dinner at a folk show restaurant
- overnight with breakfast at Sokos Hotel Olympia Garden

Day 2: Excursion to Peterhof and Yusupov Palace

Meet your English-speaking guide and coach and start a full-day excursion to Peterhof and the Yusupov Palace. Peterhof is a series of palaces and gardens, laid out on the orders of Peter the Great, commonly referred to as the “Russian Versailles”. Peterhof is also a UNESCO World Heritage Site. The tour includes an inside visit of the Grand Palace and a walking tour of the equally impressive parks and gardens including some magnificent fountains.
Post-tour to Saariselkä, Lapland by airplane, 3 days (2 nights)
- Depart: Wednesday 11 September 2013 (flight from Helsinki approximately at 13.00)
- Return: Friday 13 September 2013 (flight back in Helsinki approximately at 15.00)
- Price per person:
  EURO 985 when sharing a twin/double room
  EURO 1125 in a single room

Please make your way to the Helsinki-Vantaa airport before your flight. Exact flight departure time will be given to the delegates joining the tour.

Lapland offers its guests unique, northern experiences, a feeling of authenticity, complete relaxation and inspiration. This is precisely what Northern Lapland and its heart, Saariselkä, has to offer. Saariselkä, a lively village has been given a romantic reputation: Laplandish magic is at its most intense here, with nature in its most stunning. Many have become addicted to the open fell highland views of the Urho Kekkonen National Park and, leisurely following the winding rivers. In Saariselkä, you enter the wilderness as soon as you step outside.

A culinary journey in Northern Finland can easily be said to travel from the fells to the waves of the northern Arctic Ocean. In addition to traditional meat and game meals, there are real fish and shellfish delicacies served, such as Arctic Ocean king crab, not to forget Lapland’s huge selection of wild mushrooms and berries. Saariselkä offers a network of well-marked hiking, ski and biking trails. The area’s colorful gold history also attracts visitors.

Day 2 includes:
- bus and guide services
- entrance to Peterhof, Grand Palace & Parks
- 3-course lunch at St Petersburg
- entrance to the Yusupov Palace
- dinner at a local restaurant
- overnight with breakfast at Sokos Hotel Olympia Garden

Day 3 includes:
- bus and guide services
- entrance to the Hermitage
- bus transfer to the railway station
- train tickets St Petersburg - Helsinki, 2nd class

Day 1 includes:
- flights Helsinki-Ivalo
- bus transfer from Ivalo airport to the hotel
- hiking trip
- 3 course dinner
- over night with breakfast at Santa’s Hotel Tunturi
Day 2: Day trip to Inari Village, visit to the Siida Sámi Museum and to a reindeer farm
Transfer to the village of Inari along the beautiful, winding coast of Lake Inari. In Inari we visit the Sámi museum Siida and learn how the Sámi people have lived during centuries in Lapland as nomads herding their reindeer all over the vast countries.

On the way back to Saariselkä we visit a local reindeer farm and enjoy a soup lunch in a kota restaurant at the farm. Later in the evening a dinner is served at a Lappish kota.

Day 2 includes:
• guided bus tour to Inari village, Siida Sámi Museum and reindeer farm
• lunch
• dinner at Lappish kota at the hotel
• over night with breakfast at Santa’s Hotel Tunturi

Day 3: Free time and return to Helsinki
The morning of the last day offers you the chance to enjoy the Lappish atmosphere, scenery or hiking on your own.

The bus transfer leaves from the hotel approximately at 11.30.

Day 3 includes:
• bus transfer to the Ivalo airport
• flight Ivalo-Helsinki

Post-tour to Tallinn, Estonia by ferry (day trip)
• Depart: Wednesday 11 September 2013
  (ferry from Helsinki approximately at 9.00 and back in Helsinki at 22.00)
• Departure: Bus transfer to the harbor from Finlandia Hall
• Price per person: EURO 165

Located just 2 hours across the Baltic Sea from Helsinki by boat is Tallinn, the medieval capital of Estonia. Hanseatic Tallinn – The strategic location between East and West has forced the Estonians to survive under the regime of many foreign rulers. The domes of the Orthodox churches, the Swedish names of villages and towns, the German manor houses and the Danish castles – the many traces of various conquerors make the culture of Estonia most unique.

Like most cities with an eight-hundred-year-old past, Tallinn is a patchwork of historic areas. The city’s pride and joy is without a doubt its Medieval Old Town. Twisting cobbledstone lanes and iron street lamps. Gothic spires and medieval markets. Cappuccino and Wi-Fi. This is the city’s famous Old Town. If you’re looking for that mix of historic ambience and cutting-edge culture that defines Tallinn, you’ll find it here.

Please check the visa regulations of your country.

Board the fast boat to Tallinn, a journey time of 2 hours. At Tallinn pier, meet local guide and coach for a short panoramic tour around Tallinn city. Pass by the Kadriorg Palace and the Song Festival Grounds, and learn from the guide a little about modern life in Tallinn. Disembark the coach for a walking tour of the Old Town. Experience the history as you walk through the tight and winding medieval streets up to the top of Toompea Hill which offers fine views across the red roofs of the old buildings to the sea beyond. The walking tour also passes the Parliament Building, Alexander Nevsky Cathedral, the Dome Church and ends at the Town Hall Square.

After free time to shop or relax in a street side cafe, the tour continues back to the port by coach with your guide. You can enjoy dinner either in Tallinn or on the boat (own expense).

Tour includes:
• bus transfer from Finlandia Hall to the harbour and back
• ferry tickets Helsinki-Tallinn-Helsinki
• sightseeing tour by bus and walking, guide services
• lunch at a local restaurant

Day 2: Day trip to Inari Village, visit to the Siida Sámi Museum and to a reindeer farm
Transfer to the village of Inari along the beautiful, winding coast of Lake Inari. In Inari we visit the Sámi museum Siida and learn how the Sámi people have lived during centuries in Lapland as nomads herding their reindeer all over the vast countries.

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• ferry tickets Helsinki-Tallinn-Helsinki
• sightseeing tour by bus and walking, guide services
• lunch at a local restaurant
Daily Excursions

- Dates and times given for the excursions are subject to change.
- Minimum group size for excursion: 15 persons.
- All prices are in Euros (€) and include VAT.
- Should the minimum group size not be met the organizers reserve the right to cancel the excursion or add an extra cost. Should this happen the participant has the right to cancel the excursion reservation.

Cancellation terms for excursions:
All cancellations must be made in writing to registration@aippi.org

Cancellation of excursions:
- Cancellation received prior to 2 August 2013 - full refund (deduction of EURO 50 for the administration fee).
- Cancellation received after 2 August 2013 - no refunds will be given (100 % payment to be made if fees not already paid at time of cancellation).
- There will be no refund for no-shows.

Nordic Walking

- Included in the registration fee
- Date: Offered every morning from Friday 6 to Tuesday 10 September 2013
- Time: 07.00-08.00
- Departure: Crowne Plaza Hotel
- Included in the registration fee

Enjoy the beautiful September morning, catch some fresh air before the full meeting day and learn a new sport!

Nordic Walking is defined as fitness walking with specially designed poles. Nordic Walking’s concept was developed on the basis of off-season ski-training activity. The term “Nordic Walking” is now used internationally. There are about seven million active walkers, and Nordic Walking is one of the most rapidly developing hobbies in the world.

Compared to regular walking, Nordic Walking (also called pole walking) can produce up to a 46% increase in energy consumption compared to walking without poles. It also has been demonstrated to increase upper body muscle endurance by 38% in just twelve weeks. Guided Nordic Walking takes place every morning, starting from just outside the Crowne Plaza hotel, walking along the beautiful Töölö bay. Wearing a sporting outfit is recommended, poles will be provided by the guide.

Helsinki City Tour

- Date: Offered daily, from Friday 6 to Tuesday 10 September 2013
- Time: 09.00-13.00
- Meeting point: Finlandia Hall
- Price per person: EURO 78 (included in the Accompanying person registration fee)

A comprehensive basic tour taking the participants to the most important and interesting parts of Helsinki. The historical centre, the Presidential Palace, City Hall, the Uspenski Cathedral, the colourful Market Square, the Parliament buildings, the Finlandia Hall and the Opera House.

Stops at the Senate Square, the Sibelius Monument and, if possible, at the Temppeliaukio Church (the church in the rock). Lunch is served at one of the centrally located restaurants.
Old Wooden Town of Porvoo

- Date: Saturday 7 September 2013
- Time: 09.00-14.00
- Meeting point: Finlandia Hall
- Price per person: EURO 112

A guided tour to the picturesque town of Porvoo, the second oldest town in Finland, situated about 50 km from Helsinki. Historical Porvoo is a charming little town with well-preserved wooden houses. The tour includes the Porvoo Old Church, Town Hall Square, delightful little shops and craftspersons’ workshops. Lunch is served in the atmospheric local restaurant in the old town.

Cooking school

- Date: Saturday 7 September 2013
- Time: 10.00-14.00
- Meeting point: Cooking School Espa / Kokkikoulu Espa
- Address: Pohjoisesplanadi 21, 00100 Helsinki (Courtyard, 4th floor)
- Price per person: EURO 103
(drinks can be ordered and paid for at the Cooking school)

The idea is to prepare a full three course lunch. Each ‘student’ will be given his own task so everyone can participate as much as they want. When the work is done and the sweet smell of delicious delicacies has made everyone hungry it is time to enjoy the self-prepared five-star meal on a table already set by the hostess.

Helsinki Design & Architecture

- Date: Friday 6 September 2013
- Time: 09.00-13.00
- Meeting point: Finlandia Hall
- Price per person: EURO 93

Come with us on a tour by bus to discover the design and architectural highlights of Helsinki including the Design District, Chapel of Silence in Kamppi, Arabia Factory in the Arabia District and the Music Centre. During the tour you will find out how design is a part of our everyday life and see examples of the most important architectural styles and eras.

Lunch is served in one of the centrally located restaurants.

Tour to Suomenlinna Sea Fortress

- Date: Sunday 8 September 2013
- Time: 13.00-17.00
- Meeting point: Market Square (Kauppatori) at the pier/ferry ticket office of Suomenlinna Fortress Island
- Price per person: EURO 92

A walking tour to the rich history of the 260-year-old fortress, today one of the most popular sights in Finland. A visit to the Sea Fortress of Suomenlinna gives you an overview of several centuries of Finnish history under Swedish and Russian rule and then as independent state. The tour also includes a visit to one of the museums on the island and a lunch. Suomenlinna Fortress Island is a UNESCO World Heritage site.
Food Design Walk

- Date: Monday 9 September 2013
- Time: 10.00-13.00
- Meeting point: Hotel Klaus K
- Address: Bulevardi 2, 00120 Helsinki
- Price per person: EURO 63

Welcome to the intriguing world of food design!

The tour starts from the Klaus K Hotel and ends at the trendy Flada 13 restaurant for a lunch.

Along the way, participants will taste regional Finnish food from Lapland to Helsinki and hear stories that are bound to interest culinary tourists. With each taster we tell a little bit of Finnish history. Participants get to experience the local gastronomy and culinarism at small establishments and boutiques offering both organic and local food. These include market square, bistro type restaurant, Michelin star restaurant, café, farmers’ market hall and chocolate shop. At the end of the tour a buffet lunch is served.

Nuksi National Park - Forest beside the capital

- Date: Monday 9 September 2013
- Time: 09.00-16.30
- Meeting point: Finlandia Hall
- Price per person: EURO 155

The group will be taken to Nuksi and meet the guide there. We will hike in the beautiful Nuksi National park and also learn the basics of outdoor skills such as orienteering, fire making, mushroom picking and fishing. We will have a wilderness-style lunch break at an open fireplace next to a beautiful lake. Our guide tells stories of Nuksi National park and its nature and animals. After the break we will continue our hike. During the hike we will also hear of different kind of wilderness skills. For example how to orienteer by marks in the nature. How to do a fire and get it lit for sure? What to do if you get lost? Excellent hints for your next own hike in the nature. Our hike will end back to the point where we started.

Please be prepared with your own appropriate footwear and clothing suitable for hiking in the Finnish September climate.
Sauna Experience
- Date: Monday 9 September 2013
- Time: 17:00-19:30
- Meeting point: Hotel Scandic Continental
- Price per person: EURO 40

Experience Finnish sauna on the roof top of the Hotel Scandic Continental and relax after a full day in the wilderness or in the meeting room. Please bring your swim wear and take a dip in the indoor pool or in the outdoor hot tub. Bath robes, towels and a Finnish sauna beer will be provided.

Sibelius Concert & Artists on the Tuusula Lake Road
- Date: Tuesday 10 September 2013
- Time: 09:00-14:00
- Meeting point: Finlandia Hall
- Price per person: EURO 189

Guided tour to the Tuusula Lake Road - a cross section of Finnish history and culture.

The tour includes visits to composer Jean Sibelius’ home Ainola where you can enjoy his music in a piano concert and to the Halosenniemi museum, a log-built studio home of the famous painter Pekka Halonen. Lunch is served at Krapi, a Finnish restaurant in a traditional manor house.

Hotel Scandic Continental Sauna

Halosenniemi
photo by Tarja Kärkkäinen